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Nanoengineered biomimetic hydrogels for guiding human stem cell osteogenesis in three dimensional microenvironments†

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The ability to modulate stem cell differentiation in a three dimensional (3D) microenvironment for bone tissue engineering in the absence of exogenous pharmaceutical agents such as bone morphogenic protein (BMP-2) remains a challenge. In this study, we introduce extracellular matrix (ECM)-mimicking nanocomposite hydrogels to induce the osteogenic differentiation of human mesenchymal stem cells (hMSCs) for bone regeneration in the absence of any osteoinductive factors. In particular, we have reinforced a photocrosslinkable collagen-based matrix (gelatin methacryloyl, GelMA) using disk-shaped nanosilicates (nSi), a new class of two-dimensional (2D) nanomaterials. We show that nanoengineered hydrogels supported the migration and proliferation of encapsulated hMSCs, with no signs of cell apoptosis or inflammatory cytokine responses. The addition of nSi significantly enhances the osteogenic differentiation of encapsulated hMSCs as evident from the increase in alkaline phosphates (ALP) activity and the deposition of a biomineralized matrix compared to GelMA. We also show that microfabricated nanoengineered microgels can be used to pattern and control cellular behaviour. Furthermore, we demonstrate that nanoengineered hydrogel have high biocompatibility as determined by *in vivo* experiments using an immunocompetent rat model. Specifically, the hydrogels showed minimum localized immune responses, indicating their ability for tissue engineering applications. Overall, we showed the ability of nanoengineered hydrogels loaded with 2D nanosilicates for the osteogenic differentiation of stem cells *in vitro*, in the absence of any growth factors such as BMP-2. Our *in vivo* studies show high biocompatibility of nanocomposites and show the potential for growth factor free bone regeneration.

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Introduction

Despite decades of intensive research, bone regeneration has been a formidable clinical challenge in orthopedics and associated

traumatic injuries.¹ This is mainly attributed to the uneven healing and transplant integration to host tissue, potential infection and limited availability with current modes of treatments, such as bone allo- and autografting. These challenges

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have imposed a strong impetus to explore effective alternative strategies such as bioengineering artificial bone tissue grafts, immobilizing growth factors on biomaterials and implant surfaces to activate the inherent bone regeneration capacity.^{1,2} In fact, the tissue engineering approach, comprising of biomaterial-based scaffolds and stem cells alone, can be an important tool for better bone treatment.

Recent advancements in biomaterials research have considerably enhanced our understanding and ability to control the stem cell behavior, making them a promising tool in regenerative medicine.^{3,4} Hydrogel-based scaffolds, resembling the natural extracellular matrix (ECM) microenvironment, represent a unique platform to exploit the benefits of stem cells for tissue engineering.^{5,6} The versatile features of hydrogels range from finely tunable mechanical and chemical properties to ease the fabrication of spatially controlled microstructures for tissue engineering applications.^{7–9} Naturally derived polymers, such as gelatin, have the inherent properties of providing cell binding motifs, biodegradability and the ability to be tethered to complex biofunctional molecules.^{5,7} Approaches that integrate stem cells with hydrogels for bone tissue regeneration applications offer immense potential to address the problems associated with currently available regeneration therapy methods.^{10,11} In addition, culturing stem cells in a hydrogel-based 3D environment helps the cells to grow under native-like conditions as well as to maintain their inherent cell properties with respect to the expression of cell surface markers, natural RNA expression profiles and proliferation abilities.¹² Moreover, growing knowledge to understand the underlying mechanisms and interactions in stem cell-biomaterial constructs has significantly enhanced our abilities to manipulate the stem cell fate.^{4,13} Consequently an increasing application of such bioactive hydrogels has garnered considerable interest in the biomaterials and tissue engineering community.

One of the approaches to design bioactive hydrogels is to incorporate ceramic nanomaterials, such as hydroxyapatite, carbon nanotubes (CNTs), magnetic nanoparticles (MNPs), calcium phosphate, and bioactive glasses. For example, in recent work, nanocrystalline hydroxyapatite and single-walled carbon nanotubes have been used in combination with hydrogel to impart improved bioactivity and mechanical properties to the nanocomposite hydrogels for bone tissue engineering.¹⁴ In another approach, Henstock *et al.*, remotely activated human mesenchymal stem cells (hMSCs) through mechanotransduction in collagen hydrogel using MNPs to provide necessary stimulations for bone regeneration.¹⁵ Other nanomaterials recently used to prepare nanocomposite hydrogels for such orthopedic applications include bioprinted ceramic nanoparticles, gold nanoparticles, electrospun organic–inorganic nanofibers, and bioceramics.^{16–18} All, these studies demonstrate the cooperative effects of nanocomposite hydrogels but under 2D cell culture conditions, most of which are multi-step complex processes. In addition, it is difficult to obtain a uniform dispersion of these nanomaterials within a hydrogel network, which results in heterogeneous structures and properties.

Recently, we have introduced novel 2D nanomaterials known as synthetic nanosilicates to induce the osteogenic differentiation of hMSCs in the absence of any growth factors.¹⁹

In addition, these 2D nanosilicates have high surface-to-volume ratios due to their unique disc-shape morphology that results in enhanced interactions with different hydrophilic polymers.^{20,21} In spite of the wide range of potential biomedical applications, the role of 2D nanosilicates in tissue engineering is so far limited, as they cannot individually represent the natural 3D cell microenvironment.

Herein, we report the development of a nanosilicate-based biodegradable and biocompatible hydrogel platform, which can induce the differentiation of encapsulated hMSCs into osteogenic lineage without supplementing any osteoinductive agents such as BMP-2 or dexamethasone. To achieve this, we incorporated nanosilicates in photocrosslinkable GelMA hydrogels. GelMA-nanosilicate hydrogel were then investigated for its cytocompatibility using encapsulated hMSCs by determining the production of reactive oxygen species, apoptotic caspase activities and inflammatory responses in order to substantiate its potential in tissue regeneration therapy. For nanosilicate osteoinductivity in a 3D microenvironment, we determined the upregulation of alkaline phosphate (ALP) activity and deposition of a biomineralized matrix by encapsulated hMSCs. Lastly, *in vivo* tests in an immunocompetent rat model were performed to determine the biocompatibility of the developed nanocomposite hydrogels at the implant site. This biomimetic nanocomposite hydrogel can provide effective treatment of bone defects by augmenting bone repair and regeneration.

Materials and methods

Materials

Gelatin type A from porcine skin and methacrylic anhydride were obtained from Sigma-Aldrich and used without further modification. Poly(ethylene glycol) 1000 dimethacrylate (PEGDMA) was procured from Polysciences Inc. and Irgacure 2959 photoinitiator for UV curing was obtained from Ciba Speciality Chemicals. Nanosilicate (LAPONITE[®] XLG) containing SiO₂, MgO, Na₂O and Li₂O were obtained from Southern Clay Products, Inc. (Louisville).

Preparation of photocrosslinkable nanocomposite hydrogels

Photocrosslinkable gelatin (GelMA) was synthesized following previously published studies.²² In brief, gelatin was added at 10% (w/v) in phosphate buffer saline (PBS) and stirred for 1 h at 50 °C until completely dissolved. Methacrylate anhydride (MA) was added dropwise (0.8 mL g^{−1} gelatin) to the gelatin solution maintaining the temperature at 50 °C for an additional 2 h. The mixture was dialyzed against distilled water (*M_w* cut-off 12–14 kDa) to remove unreacted components followed by freeze-drying. To prepare nanocomposite hydrogels, 2D nanosilicates at specified amounts (0.01, 0.05, and 0.5 wt%) were first dispersed in a photoinitiator (0.5% w/v) solution by vigorous vortexing for 15 minutes. This was followed by the addition of lyophilized GelMA foam (7 wt%) followed by vortexing for another 15 minutes to prepare a 7 wt% nSi prepolymer solution. The 7 wt% GelMA prepolymer solutions were prepared similarly without the addition of nanosilicates.

To fabricate the hydrogel thin films, 50 μL of the prepolymer solution was added to the space in between the glass slides with a 150 μm spacer. It was then exposed to UV at 6.9 mW cm^{-2} (wavelength 360–480 nm) for 20 seconds. The hydrogels on glass slides were then washed in PBS solution to remove unreacted chemical components.

Structural, mechanical and degradation characterization of nanocomposite hydrogels

The hydrogels were imaged under scanning electron microscopy (SEM) for structure and porosity analysis. Porosity measurements of the hydrogel samples were generated by analyzing the SEM images using NIH Image J software. To determine the presence of silicate nanoparticles, Fourier Transform Infrared spectra (FTIR) of the freeze-dried nanocomposite hydrogels were analyzed using a Thermo Scientific Nicolet iS10 instrument. All FTIR experiments were performed at room temperature using the Smart iTR mode utilizing a DTGS-KBr detector and a KBr beam splitter. Transmittance was measured from 500 to 2100 cm^{-1} with a spectral data spacing of 0.964 cm^{-1} . The mechanical properties of the hydrogels were obtained using a mechanical tester (Instron 5943, Norwood, MA). Cylindrical hydrogel discs (diameter = 7 mm, thickness = 2 mm) were fabricated using the conditions explained above and hydrated for 8 h in DPBS before a uniaxial mechanical compression test. Compressive load readings *versus* displacement were obtained using the mechanical tester and a 10 N load cell. Each sample was conditioned to a pre-load of 0.1 N and compressed at a strain rate of 20% per minute to a displacement corresponding to 60% of its thickness. The hydrogels were tested for degradation under enzymatic conditions. The hydrogels were placed in 2.0 U mL^{-1} collagenase type II solutions and incubated at 37 $^{\circ}\text{C}$ for 0, 8, 16 and 24 hours. At each time point, the remaining hydrogels were washed with ultrapure water. After washing, the gels were lyophilized. The percent mass degraded was calculated using the weight ratio of dried experimental hydrogel and untreated control hydrogel. Data at each time point was obtained from five samples per group.

hMSC encapsulation in micropatterned nanocomposite hydrogels

Bone marrow-derived hMSCs (Lonza) were cultured in α -MEM growth medium (Gibco, USA), supplemented with 10% of heat-inactivated fetal bovine serum and 1% penicillin/streptomycin (Gibco, USA) at 37 $^{\circ}\text{C}$ with 5% CO_2 . The cells were cultured until 80% confluency and were used before passage 6 for all experiments. To prepare normal cell-laden nSi hydrogels, hMSCs were trypsinized and suspended in a 7% (w/v) nSi prepolymer solution containing specified concentrations of nSi at a cell density of 3×10^6 cells per mL. This was followed by UV exposure and photocrosslinking to form hydrogels as described above. The fabricated cell-laden hydrogel was then washed in normal media to remove the non-crosslinked components and grown under normal cell culture conditions in an incubator. To perform differentiation studies, the normal media were replaced after 24 hours with osteogenic media which contain

normal growth media with 50 μM ascorbic acid phosphate and 10 mM β -glycerophosphate (without any supplementary drugs such as dexamethasone). Media were replaced every alternate day during the experimental period. To prepare micropatterned nSi hydrogels, photomasks with arrays of linear microchannels (100 μm width) were designed using Auto-CAD. A thin layer of PEGDA (20%) was coated on a glass slide to avoid direct cell attachment to the slides. Microchannel units (150 μm height) encapsulating hMSCs were fabricated on PEGDA-coated glass slides similar to the previously described method²³ followed by exposure to 7.9 mW cm^{-2} UV light (360–480 nm) with a UV exposure time of 30 seconds. The glass slides containing the microchannels were washed to remove unreacted components and subsequently incubated in normal growth media containing 1% penicillin/streptomycin under standard culture conditions. For differentiation experiments, the media was replaced after 24 hours with osteogenic media without drugs.

In vitro cytocompatibility studies with GelMA–nSi hydrogels

To determine the *in vitro* cytotoxicity of different nSi hydrogel formulations (0%, 0.01%, 0.05% and 0.5% nSi in prepolymer solution) on encapsulated hMSCs grown in normal media MTS cell proliferation assay (Promega) was used according to the previous method following the manufacturer's instructions.²⁴ Briefly the cells encapsulated in hydrogels, as described above, were grown in normal media for 24 hours in 24 well plates and absorbance of each formulation was measured at 490 nm in a plate reader using the MTS assay and percentage cell viabilities were analyzed taking only the GelMA group (0% nSi) as 100%. A serum starved group with GelMA hydrogel was used as the control group [Ctrl(0)] for the experiment. The same assay was used to perform the 96 hour hMSC proliferation study with micropatterned nSi hydrogels. In addition, Alexa Fluor 488 phalloidin (Life Technologies) staining was done and photographed under a fluorescence microscope to trace the filamentous F-actin cytoskeletons of encapsulated hMSCs within the 3D hydrogel environment.

Caspases are a family of genes which helps to maintain homeostasis through regulating apoptosis and inflammation. To trace the effect of nSi hydrogels on cell apoptosis, caspase-3/7 activity was measured after 24 hours with Apo-ONE Homogeneous Caspase-3/7 Assay (Promega, WI, USA) as per the manufacturer's instructions using a plate reader (Biotek Synergy 2, Winooski, VT). The obtained results were represented as relative fluorescence units (RFUs) from experimental groups normalized to the GelMA control group (0% nSi) taken as 1.

Intracellular production of superoxide by hMSCs due to nSi exposure in 3D hydrogels was evaluated using intracellular reactive oxygen species (ROS) assay (Cell Biolabs, Inc.) as described elsewhere.²¹ Briefly, hMSCs were grown in nSi hydrogels for 24 hours in normal growth media and fluorescence signals in each well were quantified using a microplate reader (excitation wavelength 488 nm, emission wavelength 533 nm) and represented as normalized fluorescence intensity values where data from the 0.05% nSi group was taken as 1. The fluorescence intensity in each well was directly proportional to

the ROS level within the cell. The increase in ROS can be invoked by different stress-related factors, including the interactions of the cells with nanosilicates. To determine the possible inflammatory effects of nSi hydrogels, RAW 264.7 macrophages were seeded on the top of photocrosslinked nSi hydrogels at 2×10^3 cells per well. As controls, RAW cells were treated with 100 ng mL^{-1} of lipopolysaccharide (LPS). After 24 hours, the ELISA assay (SA Biosciences) was performed according to the manufacturer's protocol. The supernatants from all the experimental nSi hydrogel groups were collected to quantify the secreted cytokines IL-6 and TNF- α .²⁵ Each experiment was performed in triplicates.

***In vitro* 3D osteogenic differentiation of hMSCs in nanocomposite hydrogels**

To quantify the calcium biomineralization by hMSCs in hydrogels, the wet weight of hydrogels was first weighed followed by lyophilization. The lyophilized samples were homogenized in 0.5 M HCl and vortexed overnight at 4 °C. The supernatant was collected for calcium colorimetric assay following the manufacturer's protocol (Sigma Aldrich). The calcium content was quantified as μg per mg of wet weight of hydrogel.²⁶ For histology analysis, cell embedded hydrogels were fixed in 4% paraformaldehyde and washed three times with PBS. The fixed constructs were washed with distilled water to remove residual salts followed by the addition of 2% (w/v) Alizarin Red S (Sigma Aldrich) solution with pH 4.2. After incubation for 20 minutes, the constructs were thoroughly washed three times with 15 minute incubation in a shaker and bright field pictures were taken. For the intracellular alkaline phosphatase (ALP) activity study of hMSCs encapsulated in nSi hydrogels, total DNA present in the nSi hydrogels was determined using the PicoGreen dsDNA reagents (Invitrogen).²⁷ In brief, disks were rinsed in PBS and placed in a passive lysis buffer (Promega). After one freeze–thaw cycle, the lysate was sonicated and centrifuged at 8000 rpm for 10 minutes, and the supernatant was quantified for DNA content. ALP activities of encapsulated hMSCs from different groups were quantified with a *p*-nitrophenyl phosphate (pNPP) colorimetric assay at 405 nm and normalized to DNA content.

To trace the osteogenic differentiation of hMSCs in hydrogel by immunostaining, the hydrogels were first fixed with formalin. Then the constructs were treated with 0.1% Triton X solution for 10 minutes to permeabilize the cells, followed by treatment with 10% goat serum blocking solution. The cells were then incubated with primary antibodies: mouse monoclonal anti-human osteocalcin (1:100), mouse monoclonal anti-human osteopontin (1:100) and mouse monoclonal anti-human RunX2 (1:100). The cells were treated with secondary antibody: Alexa Fluor 594 goat anti-mouse (1:500) and counterstained with diaminidino-2-phenylindole dilactate (DAPI), for staining nuclei. The stained samples were imaged under fluorescence and confocal microscopes.

***In vivo* subcutaneous implantation of GelMA–nSi hydrogels and immunohistological staining**

Male Wistar rats ($n = 4$; $\sim 250 \text{ g}$, Charles River, MA, USA), were housed in animal care facility (Partners Research Building). All experiments were conducted according to the NIH "Guide for the Care and Use of Laboratory Animals", and approved by the

HMA Standing Committee on Animals. Under general anesthesia with inhalative isoflurane and carprofen-based analgesia, the dorsal skins of the rats were incised. Subcutaneous pockets were generated, and the following cylindrical hydrogel disk constructs (diameter = 7 mm, thickness = 2 mm) were inserted: the GelMA only control group with no nSi (Ctrl), GelMA loaded with 0.01% nSi (low), GelMA loaded with 0.05% nSi (medium) and GelMA loaded with 0.5% nSi (high). Three or fourteen days after wound closure, the animals were euthanized and the hydrogel implants along with the adjacent subcutaneous tissue were explanted. The collected samples were embedded in O.C.T. and frozen at -80°C . Hematoxylin/eosin (H&E) staining and immunohistology were performed on $6 \mu\text{m}$ cryosections of the frozen tissues according to standard protocols.²⁸ For immunohistology, cryosections were first fixed in formalin. This was followed by permeabilization with 0.25% Triton-X, blocking and treatment with primary antibodies: mouse monoclonal anti-rat CD 3 (1:100) and rabbit monoclonal anti-rat CD 68 (1:100). The samples were then treated with secondary antibodies labeled with fluorescent molecules: Alexa Fluor 594 goat anti-mouse (1:500) and Alexa Fluor 488 goat anti-rabbit (1:500). Finally, the samples were mounted with embedding medium solution (Vector labs) containing DAPI.

Statistical analysis

Continuous variables are represented as mean \pm standard deviation (SD) from independent experiments as depicted in the figures. Statistical analysis was performed using one-way analysis of variance (ANOVA) followed by Bonferroni's multiple comparison post-hoc test. All statistical analyses were performed with Graphpad Prism Software. A *p* value less than 0.05 indicates statistical significance, which was displayed as $* = p < 0.05$, $** = p < 0.01$, $*** = p < 0.001$.

Results and discussion

Characteristics of synthesized GelMA–nSi hydrogel

A range of hydrogels were synthesized by varying the concentrations of nSi [0, 0.01, 0.05, 0.5% (w/v)] in GelMA as illustrated in Fig. 1A. The nSi used in the study had a dimension of 20–30 nm in diameter confirmed by a transmission electron microscope (Fig. S1A, ESI†). The microstructural examination of GelMA and GelMA–nSi indicates the formation of a highly porous and interconnected network without the aggregation of nSi. The SEM micrograph (Fig. 1B) revealed well distributed, smooth polyhedral pores in the crosslinked hydrogel matrix. The porosity of the scaffolds can significantly affect the cellular behaviour both actively and passively by, for example, affecting the rate of diffusion of nutrients and byproducts. We examined the changes in porosity due to the addition of silicates by analyzing the SEM images. Porosity was measured as an index of area occupied by the pores using Image J (NIH). Previous reports with silica nanoparticles embedded hydrogel matrices suggested a potential decrease in porosity with an increasing concentration of silica.²⁹ We also noticed a similar trend in the group with the

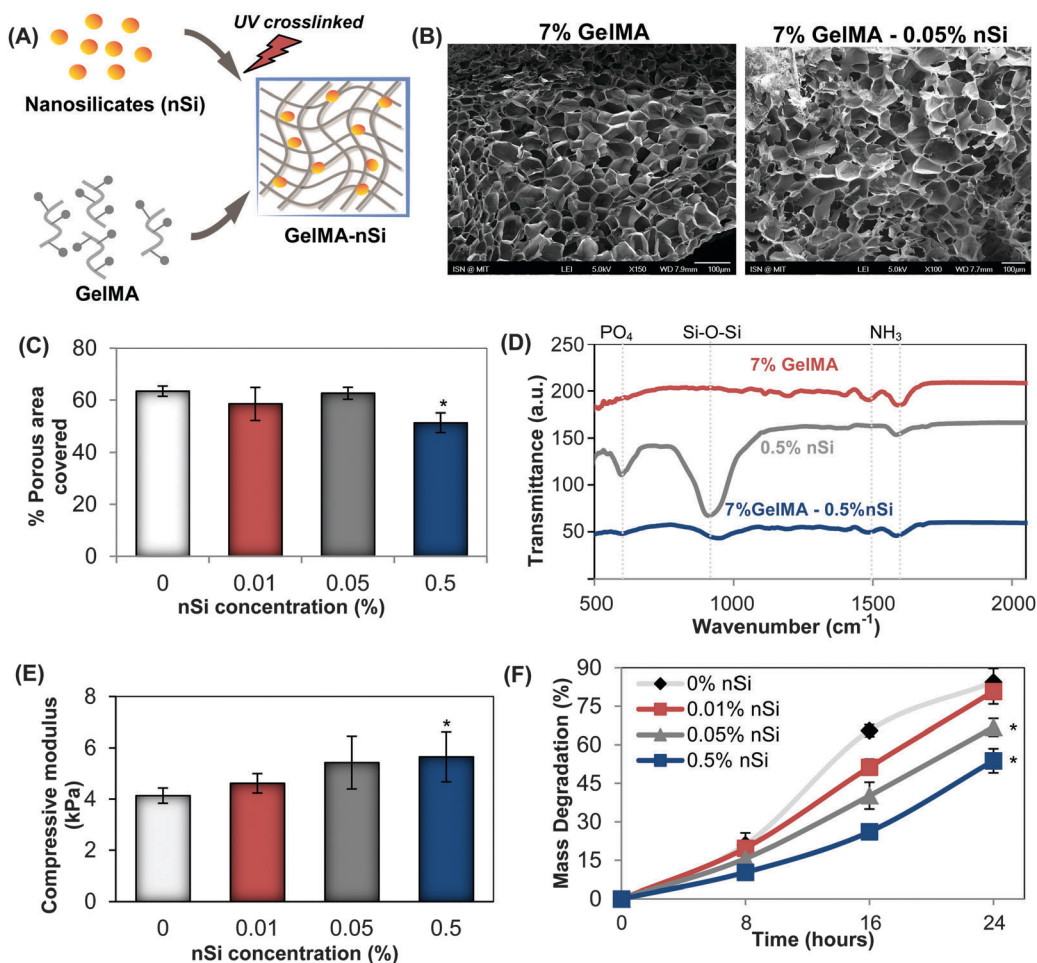


Fig. 1 Characterization of photocrosslinked GelMA-nSi hydrogel. (A) Schematic of GelMA-nSi hydrogel prepared by UV crosslinking GelMA prepolymer with NS. (B) SEM images of cross-sections of GelMA and GelMA-nSi hydrogels (scale: 100 μm). (C) Percentage porous area covered was quantified by SEM image analysis of 7% GelMA hydrogels with different concentrations of NS. (D) FTIR spectra of GelMA-nSi after UV crosslinking, confirming the presence of silicate and gelatin components in the nanocomposite construct. (E) Compressive mechanical properties of 7% GelMA hydrogel with different nSi concentrations with respect to compressive modulus. (F) Degradation profiles of 7% GelMA hydrogels with various nSi concentrations when exposed to collagenase for 24 h. Data represent mean ± SD ($n = 3$). * = $p < 0.05$ compared to the control GelMA group (0% nSi).

highest concentration of nSi (Fig. 1C). However, the other two groups showed no significant changes in porosity compared to the control. Here, we aimed to dope the hydrogel with a minimum quantity of nSi to achieve stem cell differentiation with limited toxicity or inflammation. Such a concentration of nSi did not drastically alter the physical properties. Moreover, the porosity values of our study correspond well with those present in the literature with high cell viability.³⁰ Additionally, the presence of nSi within the GelMA after the crosslinking process was confirmed *via* infrared (IR) spectra, as presented in Fig. 1D. The GelMA-nSi sample demonstrated the presence of both nSi (Si-O-Si peak at 960 cm⁻¹) and GelMA (amine peaks at 1500 cm⁻¹ and 1650 cm⁻¹), indicating successful formation of nanocomposite materials.

Most of the studies involving hydrogel-nanoparticle composites have shown a change in the mechanical properties of the hydrogel matrix upon incorporation of nanoparticles.^{30,31}

Here, the non-covalent interactions between the heterogeneously distributed charges of discotic nSi and hydrogel matrices at the interface³⁰⁻³² lead to an increasing trend in elastic modulus with increased nSi concentrations. However, a significant increase in the elastic modulus was noticed only in the group with 0.5% nSi (Fig. 1E), which can be attributed to the possible reinforcement of GelMA by the incorporated nSi.³² Interactions between GelMA and nSi also changed the reaction kinetics of the hydrogel as evidenced by the results of our degradation tests (Fig. 1F). The dry weights of the composite materials were measured for the groups at 0, 8, 16 and 24 hours after the treatment with collagenase enzyme. The groups with 0.05% and 0.5% (w/v) of nSi showed a significantly reduced rate of degradation compared to the other two groups after 24 hours of reaction with collagenase. Such an effect could be due to the physical masking of the sites of action for enzymatic reaction by nSi.^{33,34} Similar degradation trends were also reported earlier

in collagen-bioactive glass nanocomposite hydrogels as compared to only collagen.³⁵

In vitro cytocompatibility studies with GelMA-NS hydrogels

Investigating the cytocompatibility of the developed hydrogel is critical to consolidate its application for stem cell-based bone tissue engineering. *In vitro* cytocompatibility of the developed GelMA-nSi hydrogel was analyzed by studying encapsulated cell spreading, viability, apoptosis and stress behaviour. The hMSC encapsulated GelMA group was considered as the positive control and a serum starved group was taken as the negative control. Fig. 2A explains the process associated with the encapsulation of hMSCs in the composite hydrogel. After 4 days of culture in normal growth media, the morphology and spreading of cells in the 3D hybrid matrix were analysed by staining for F-actin filaments (Fig. 2B). Uniform spreading of cells was visualized in all groups except for the group with 0.5% nSi. This group also showed a lower number of cells and cell spreading compared to the other groups (Fig. 2B). To confirm this observation, we looked at the change in cell metabolic activities of different groups grown in normal growth media

with respect to the controls using MTS assay (Fig. 2C). A noticeable decrease was seen only in the group with the highest concentration of nSi. The other two groups with nSi (0.01 and 0.05%) exhibited no significant difference in viability with respect to the positive control. A decrease in metabolic activity in the group with the highest nSi concentration (0.5% nSi) can probably be attributed to the high concentration of nSi itself while a resultant reduced porosity could be an obvious factor that hindered the cell spreading (Fig. 2B). To trace the cell apoptosis, caspase 3/7 activities of encapsulated cells were evaluated (Fig. 2D). Elevated activities of caspase 3/7 were present with the hydrogel loaded with 0.5% nSi, suggesting a higher rate of apoptosis in this group. Reduced activities of caspase (3/7) at lower concentrations of nSi could well be considered as a promising sign of *in vitro* cytocompatibility. As expected, the serum starved Ctrl(0) group demonstrated significantly high apoptosis. Additionally, we confirmed the biocompatibility of the generated hydrogels by examining the levels of reactive oxygen species (ROS) and pro-inflammatory cytokines (Fig. S2A and B, ESI†). Overproduction of ROS is a well-known indicator of oxidative stress, which leads to cell damage. Prior studies with silicate nanoparticles have employed the analysis of ROS levels to

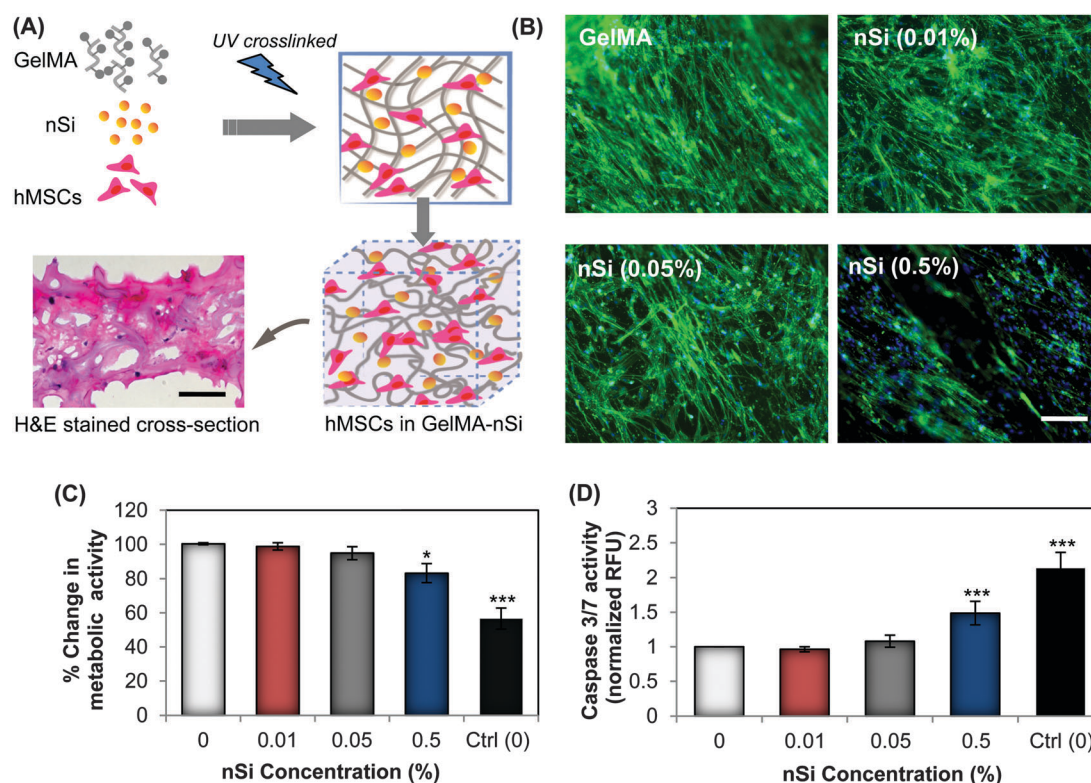


Fig. 2 *In vitro* cell behavior of hMSCs encapsulated in GelMA-nSi nanocomposite hydrogel. (A) Schematic for photo-encapsulation hMSCs in GelMA-nSi hydrogel consisting of nanosilicates and the gelatin matrix. The lower left panel microphotograph represents the H&E stained cross-section of 7% GelMA hydrogels with 0.05% nSi with dark blue spots showing encapsulated cell nuclei after a day in the culture. Scale bar: 200 μm . (B) Fluorescence images of F-actin cytoskeleton stained cells (in green) with nuclei (in blue) grown in 3D 7% GelMA hydrogel constructs with different nSi concentrations for 4 days in normal growth media. F-actin cytoskeleton is an indicator and biophysical regulator of cell shape and morphology. F-actin staining confirmed the normal cell architectures in all the experimental groups, except for the 0.5% nSi group where appropriate cell migration and normal cytoskeleton structures were limited. Scale bar: 100 μm . (C) Metabolic activity of encapsulated cells in 7% GelMA hydrogels with various nSi concentrations was measured by MTS assay after 24 h to determine the cytotoxic effects on the formulated hydrogels. (D) Caspase 3/7 activity assay was used to quantify the apoptotic effects of different nSi concentrations on encapsulated cells. Data represent mean \pm SD ($n = 3$). * = $p < 0.05$ & *** = $p < 0.001$ compared to control GelMA group (0% nSi).

identify the threshold concentrations of nanoparticles that induce oxidative stress.²¹ No apparent overproduction of ROS was noted in the groups with low concentration of nSi (Fig. S2B, ESI†). However, in accordance with the already discussed results, the 0.5% nSi group induced an up regulation of ROS. Finally, to investigate if the hydrogel constructs can invoke any adverse immune reactions we looked at the *in vitro* release of IL-6 and TNF- α pro-inflammatory cytokines from macrophages when the latter were cultured on the different hydrogel substrates. For this experiment, LPS-induced inflammation was used as a positive control. The change in cytokine expression profiles helped us to further validate the cytocompatibility of the GelMA–nSi hydrogels with different nSi concentrations (Fig. S2B, ESI†). The results showed no significant differences in the cytokine profile with only GelMA and lower concentrations of nSi, while the 0.5% nSi group showed significant pro-inflammatory cytokine productions. These findings together confirmed the *in vitro* cytocompatibility of GelMA–nSi hydrogels for use in 3D hMSC cultures.

Effect of GelMA–nSi hydrogel on the *in vitro* differentiation of encapsulated hMSCs

Hallmarks to detect terminally differentiated osteoblasts from multipotent hMSCs include the expression of early markers like ALP and calcium deposition.³⁶ This is normally followed by the production of bone specific proteins for matrix remodelling and finally mineralization. The GelMA–nSi hydrogel was designed to represent a biomimetic niche with an expectation to induce the osteogenic differentiation of encapsulated hMSCs. For the differentiation experiments, we selected GelMA–nSi groups with insignificant *in vitro* cytotoxicity. ALP expressions of encapsulated hMSCs were investigated after 21 days of culture in GelMA–nSi hydrogels (Fig. 3B). Addition of 0.01% and 0.05% of nSi showed a considerable enhancement in the production of ALP compared to the matrix with only GelMA (Fig. 3B). Mineralization of the nanocomposite hydrogel was assessed by Alizarin red staining and the determination of calcium levels (Fig. 3C and D). Alizarin red staining indicated a proportional rise in mineralization with respect to the concentration of nSi (Fig. 3C and Fig. S1, ESI†). The calcium levels in the groups with 0.01% and 0.05% nSi were significantly elevated (Fig. 3D). This further supports the trend being established through our observation that nSi at particular concentrations were able to trigger the osteogenic differentiation of hMSCs in a 3D matrix. Among various concentrations of nSi, 0.05% (w/v) demonstrated strongest bioactivity and cytocompatibility for *in vitro* culture. This was further demonstrated through immunostaining for RunX2, a major transcription factor exclusively expressed in mineralized tissues. RunX2 is involved in the upregulation of osteo-related proteins such as osteopontin and osteocalcin that are responsible for bone formation and remodelling.³⁶ Immunostaining for RunX2, osteopontin and osteocalcin showed a robust expression of these markers in the presence of silicates in 0.05% GelMA–nSi hydrogel as compared to only GelMA (Fig. 3E). A confocal micrograph of osteocalcin-stained hMSCs encapsulated in GelMA–nSi (0.05%) hydrogel confirmed the uniformity of the osteogenic differentiation of hMSCs throughout the thickness (150 μ m) of

the 3D construct (Fig. 3F). Overall, the addition of nSi into the 3D hydrogel matrix introduced bioactivity and facilitated the osteogenic differentiation of hMSCs without the need for supplemental drugs and growth factors. This is particularly advantageous for eventual clinical realization where delivery and maintenance of the biofunctionality of growth factors are a concern. In contrast to other methods, this strategy also alleviates the need for chemically conjugating therapeutic molecules, such as the BMP-2 growth factor, to the hydrogel matrices for bone therapy applications.³⁷

The ability to generate patterns of cells at the microscale through precise engineering of cell culture substrates such as hydrogels has led to several applications in the field of tissue engineering and regenerative medicine.⁵ The controlled micro-environment with specific substrate features can impart additional attributes to the developed tissue construct by manipulating the cell behaviour and functionalities. Such micropatterning technologies also help to engineer explicit physiological and pathophysiological conditions for various applications.^{38,39} Reports have demonstrated the amenability of gelatin derived hydrogels to be patterned with versatile features using multiple conventional photopatterning and 3D printing techniques.^{5,23} This is particularly important as it allows us to mimic the collagen matrix architecture of bone which is a uniaxial arrangement. However, the addition of nanoclay-based materials to such hydrogel matrices can hinder the resolution and stability of patterned structures for bone tissue engineering applications. To study this, the hMSC encapsulated composite GelMA–nSi hydrogels were subjected to a photopatterning technique using a photomask. The overall scheme involved in photopatterning the composite hydrogel is illustrated in Fig. S3A (ESI†). Patterning of nSi embedded GelMA hydrogel did not show any sign of loss in resolution compared to the widely established control GelMA. Also, the structural integrity was maintained during the culture period of 21 days (Fig. S3B, ESI†). The spreading and cytocompatibility of cells in the patterned constructs were monitored for a period of 72 hours using live/dead staining. This indicated partial alignment of cells in the patterned constructs along the axis of the patterns and also expressed high viability (Fig. S3B, ESI†). In addition, the metabolic activities of the different groups did not show any significant differences in 72 hours compared to the control groups (Fig. S3C, ESI†). High surface area of the hydrogels due to patterning may also have contributed to the maintenance of high viability. Finally, the staining for osteogenic markers – ALP and osteocalcin, in the patterned construct demonstrated similar results as that of the unpatterned constructs. This confirmed that the micropatterning technique did not adversely affect the differentiation ability of hMSCs, and that the presence of nSi in the GelMA matrix consistently boosted the osteogenic protein expression of hMSCs encapsulated in a 3D microenvironment (Fig. S3D, ESI†).

In vivo biocompatibility of GelMA–nSi hydrogel

To understand the potential of the developed hydrogel for diverse clinical applications, such as implantation in order to support bone repair *in vivo*, it is important to study the *in vivo* biocompatibility of developed GelMA–nSi hydrogels with different

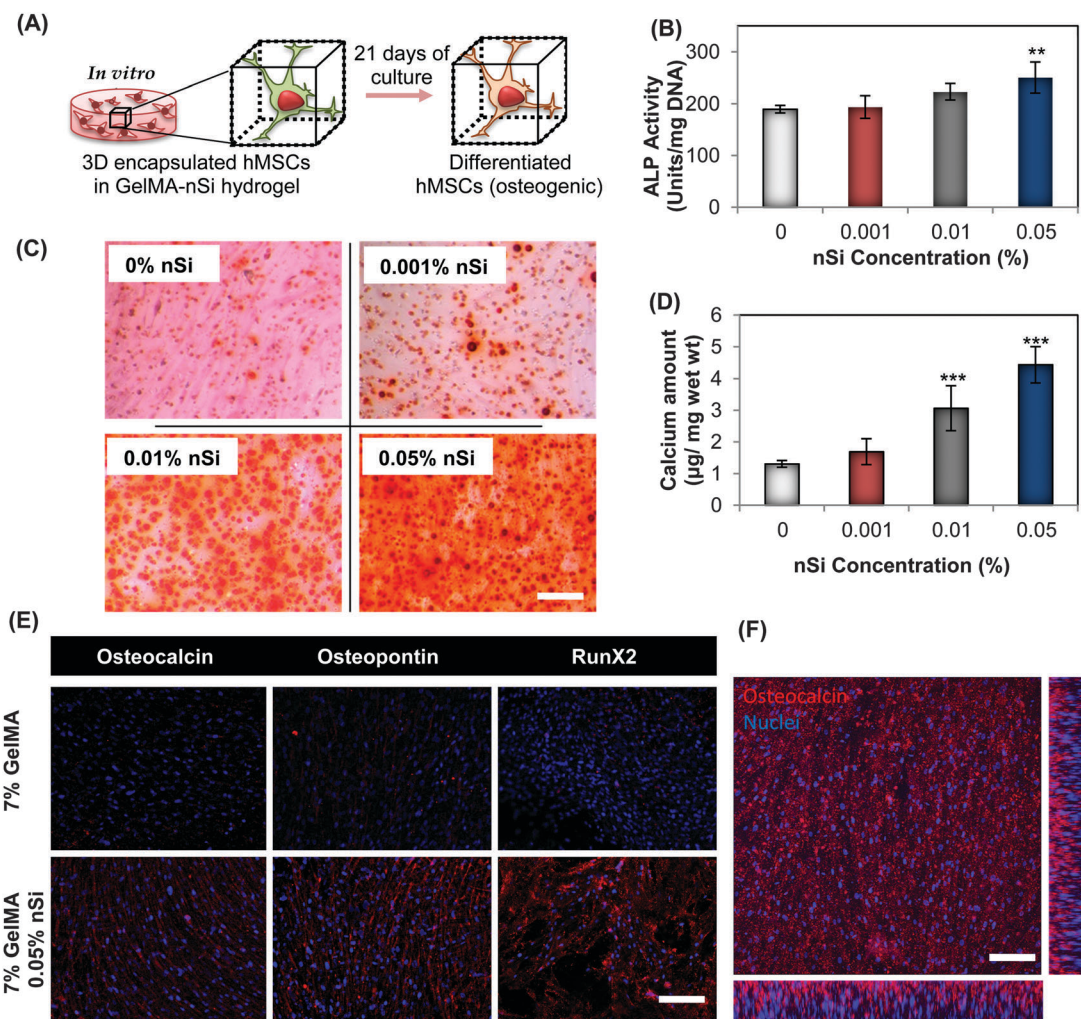


Fig. 3 Effect of GelMA-nSi hydrogel on differentiation potential of encapsulated hMSCs. (A) Schematic of hMSCs differentiated to osteogenic lineage when grown in a 3D GelMA-nSi hydrogel environment for 21 days. Quantification of the osteogenic differentiation of hMSCs within hydrogels was performed by (B) ALP activity, (C) alizarin red staining and (D) calcium quantification in 7% GelMA hydrogels with varying concentrations of NS after Day 21 of culture in osteoconductive media with no supplementary growth factors or drugs. (E) Expression of three osteogenic markers – osteocalcin, osteopontin and Runt-related transcription factor 2 (RunX2), by the encapsulated cells was detected by immunostaining and fluorescence microscopy. Osteogenic markers were stained in red, while cell nuclei in blue. (F) Confocal laser microscopy image of hMSCs in GelMA-nSi (0.05%) hydrogel expressing osteocalcin, immunostained in red. The picture represents a single z-plane image and x-z and y-z cross-sectional images of the encapsulated cells in hydrogel. Scale bars: 100 μm. Data represent mean ± SD ($n = 3$). * = $p < 0.05$, ** = $p < 0.01$ & *** = $p < 0.001$ compared to the control GelMA only group (0% nSi).

nSi percentages (0.01%, 0.05% and 0.5%). We investigated the change in host tissue reaction post-subcutaneous implantation of hydrogels in immunocompetent rats. The implanted hydrogels were retrieved on day 3 and day 14 to examine the host immune reactions to the implanted hydrogels with different formulations. Fig. 4A shows the process of subcutaneous implantation of hydrogel constructs and its subsequent integration into the host tissue after 14 days. This was further confirmed by H&E staining in both Ctrl GelMA only and GelMA-0.05% nSi groups (Fig. 4B). However, the group with 0.5% nSi showed enhanced cellular infiltration around the implants. Derived from these findings and supported by *in vitro* results, we suspected a strong presence of immune cells in the group with the highest concentration of nSi.

Under a clinical setting, the elicitation of immune reactions to a newly developed material for medical use is of paramount importance. Thus we further assessed the harvested tissue/hydrogel samples for the existence of macrophages and T-lymphocytes by staining for CD68 and CD3, respectively (Fig. 4C and D). Fluorescence images from immunostaining were subjected to semi-quantitative analysis using Image J (Fig. 4C). The results were similar to what we concluded from *in vitro* cytocompatibility tests where groups with 0.01% and 0.05% nSi showed no noticeable differences in inflammatory responses compared to the Ctrl group, while the group with 0.5% nSi demonstrated a significantly elevated number of inflammatory cell infiltration. Such responses could be cited to the elevated levels of pro-inflammatory cytokines and free radicals with respect to increasing concentrations

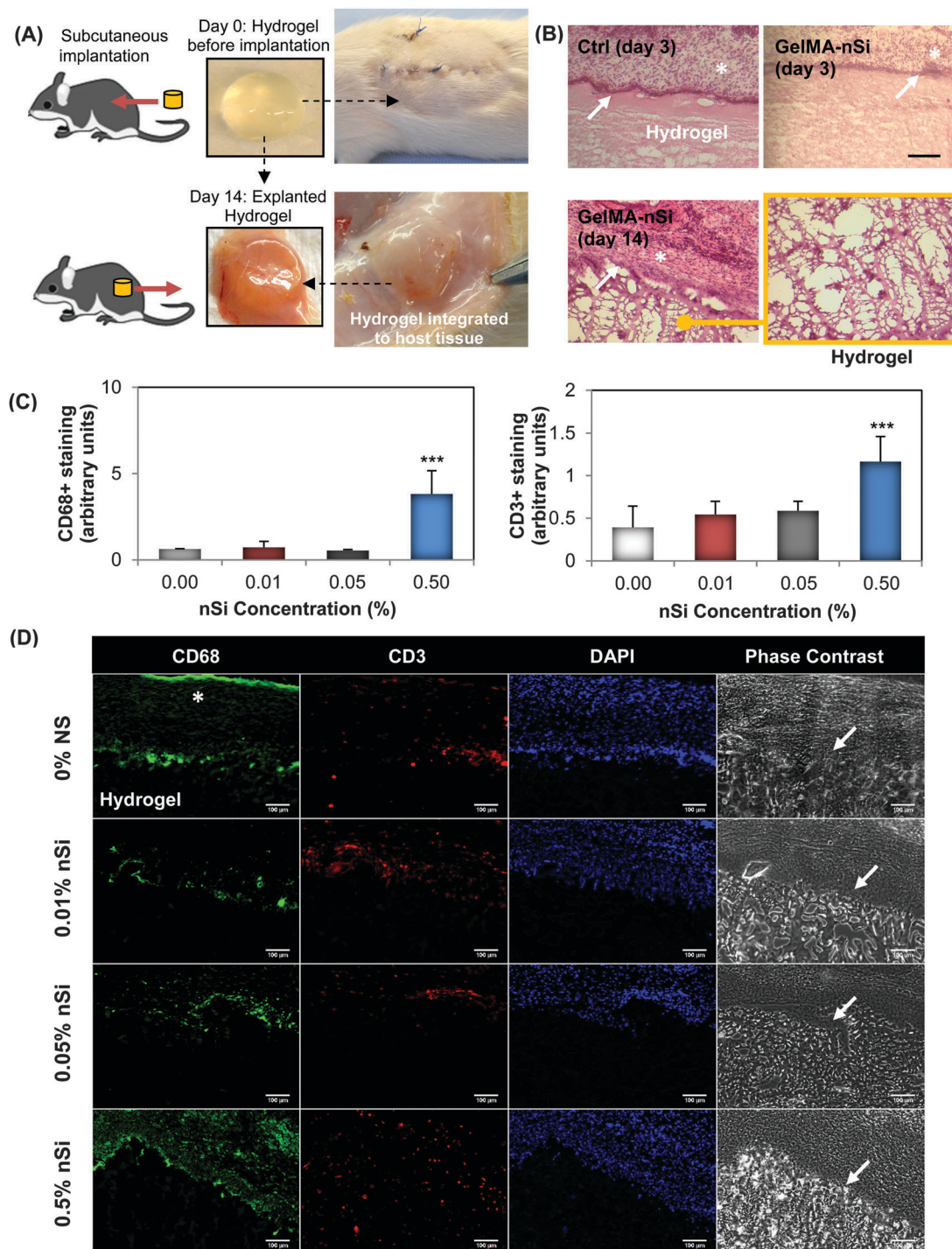


Fig. 4 *In vivo* biocompatibility of the GelMA–nSi hydrogels. (A) Hydrogel constructs with different formulations (0%, 0.01%, 0.05%, 0.5% nSi) were implanted subcutaneously in an immunocompetent rat model and collected after 3 and 14 days to study the inflammatory responses. (B) Histological results with H&E staining of Ctrl 0% and 0.05% nSi constructs with 7% GelMA showed no signs of inflammation in the adjacent tissue region. * indicates the host tissue regions and white arrows show the tight interface between intact hydrogel and tissues. A magnified image of the hydrogel region confirms that there was no infiltration of macrophages or neutrophils into the hydrogel region. This was further confirmed by (C) immunohistochemistry analysis for CD68 and CD3 inflammatory markers in the hydrogel/tissue interface region where (D) represents the microphotographs of different groups at day 14 post implantation immunostained with CD68 (in green) and CD3 (in red), nuclei (DAPI, in blue) and corresponding phase contrast images. Scale bar: 100 μ m. The results demonstrate that the hydrogels remained firmly attached to the tissue surface without invasion by foreign macrophage and T-cells in Ctrl 0%, 0.01% and 0.05% nSi groups. However, 7% GelMA 0.5% nSi group showed a marked increase in macrophage levels compared to the other groups. Data represent mean \pm SD ($n = 3$). *** = $p < 0.001$ compared to the control GelMA group (0% nSi).

of nSi (Fig. 2E and F). These *in vivo* results, in addition to the *in vitro* findings, support the hypothesis that such gelatin-based nanocomposite hydrogels can be used as an *in vivo* implant for diverse biomedical applications such as bone tissue engineering and regenerative medicine.^{40–42} In an interesting recent work, Neffe *et al.* reported the development of a lysine-functionalized, biocompatible, porous gelatin graft for *in vivo* bone regeneration in a critical size rat bone defect model.⁴⁰ A comparative study analysis of developed GelMA–nSi and other nanocomposite hydrogels used for *in vitro* and *in vivo* bone regeneration applications is summarized in Table S1 (ESI†). Together, these findings suggest the immense potential of gelatin to develop mechanically tunable, strong interconnected porous nanocomposite hydrogel networks which can guide stem cell based osteogenic differentiation. This will be particularly useful to treat non-load-bearing orthotopic sites such as in cranial defects. However, further studies with clinically relevant bone defect animal models, such as murine models with critical-size calvarial defects, are needed to fully understand the long term safety and efficacy of the developed GelMA–nSi hydrogel.

Conclusion

Overall, we have demonstrated that photocrosslinkable gelatin hydrogels loaded with an optimal concentration of osteoinductive silicate nanoclay can promote the survival, migration, proliferation and *in situ* differentiation of encapsulated human stem cells without the addition of growth factors. This study confirmed the *in vitro* osteogenic differentiation of encapsulated hMSCs within nSi containing GelMA hydrogels as evident from enhanced ALP activities, upregulation of osteogenic proteins production and enhanced deposition of inorganic calcium. In addition, we have demonstrated the *in vivo* biocompatibility and local non-inflammatory interactions of the implanted nSi hydrogels. These findings highlight the development of composite hydrogel structures for *in situ* bone regeneration therapy. The biomimetic hydrogels loaded with nSi may be used to design miniaturized 3D bone-like structures, resembling architectural and compositional aspects of natural bone tissue, for bone biology, pathophysiology and drug toxicity studies.

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